Bringing Medicine into Japan –Medicine Categories (for Personal Use)

Stimulant

Definition
Amphetamine, Methamphetamine, Pseudoephedrine

Legal Status
Import of stimulant is prohibited by Stimulants Control Law

What to do?

No traveller is allowed to import or export any quantity of this medicine.

Narcotic

Definition

Morphine, Codeine, Oxycodone, Pethidine & Hydrocodone etc…

Legal Status

Import of Narcotic is controlled by the Narcotics and Psychotropic Control Law

What to do?

You must apply for a Narcotic Certificate before entering into Japan.

Psychotropic

Definition
Diazepam, Temazepam, Lefetamine, Methylphenidate

Legal Status

Import of psychotropic is controlled by the Narcotics and Psychotropic Control Law

≤ Less than the amount allowed

What to do?

No action is required if you are bringing less than the amount allowed.

>More the amount allowed

What to do?

You must bring a doctors certificate/letter

This is also applicable to a psychotropic found in injection form.

General

Definition
Active ingredients do not fall under any category of Stimulant, Narcotic or Psychotropic

Legal Status

Import of general medication is allowed but with quantity restrictions.

Quantity of Medication allowed

a. Non-prescription drug – up to 2 months
b. Prescription drug – up to 1 month supply
c. Drug for external use – up to 24 pieces

≤ Below the allowed amount

What to do?

No action is required.

>More than allowed amount

What to do?

You must apply for a Yakkan Shoumei before entering into Japan.